

Lincoln Self Reliance Review April 2020

Thank you Lincoln Self Reliance!

Hello, Alcyia Martin here! I wanted to share with you some of my thoughts on the Disney On Ice trip we took to Salt Lake City. I had such a great time. We left the Thayne Office and then got to enjoy lunch with our friends in the Afton Office. After lunch myself and 3 other friends from Thayne two friends from Afton and 4 staff all loaded up in the monster size van, and got on the road. We laughed and listened to music, also we saw a lot of cows on the way down. It made me laugh even harder when my friend Connie started mooing like a cow and everyone chimed in as well. When we got to the hotel I got settled in and then we left for dinner! It was super yummy! I had Lasagna and salad. I also tried a cherry chocolate and pistachio ice cream, It was also yummy. We then went to the show and it was loud but fun to see Mickey and the others. My favorite part was for sure staying in the hotel, then the show. OH YEAH! Also the food. I would love to go again I had the best roommate. I would recommend everyone go and do the same thing. Thank you for listening!

-Alcyia Thayne Client

SEA QUEST



We had fun at Sea Quest, all the participants seemed to love to feed the different animals. This aquarium is located in the Layton Hills Mall, one of the really fun and special things is any animal/sea life you can reach you can touch; it allowed our Evanston clients to see and feel things they might have never done before.

In the photos you will notice the staff and clients with their hands in the water these specific fish feed on the dry skin on your hands if you hold really still you can get an entire school of them munching on you!

Mechelle Skillin
Evanston Program Manager



Our Trip to Salt Lake City was a lot of fun for the staff and clients that got to go; we ate dinner at the Old Spaghetti Factory before going to Watch Disney On Ice. Our seats were awesome with a perfect view of all the action. All of our clients really enjoyed the show but for me the best part of the trip was watching the clients faces light up over and over during the show. All and all it was a great trip and everyone enjoyed themselves.

Clem Stephens
Afton Direct Support Professional

**"If we had no winter,
the spring would
not be so pleasant."**

-Ann Bradstreet

Mission Statement

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and achieve participation in the community

Dear Mr. Skinner,
I am writing this letter to tell you that you are running an amazing business. I would like to recognize you and your staff for the amazing job that you guys do. I think that what LSR does is a very important and amazing business. The LSR staff change lives for the better. The business creates so many opportunities for the amazing Lincoln Self Reliance's Participants. Their lives are full of love and kindness. I can only imagine the fun and happiness that they experience while participating in the events that take place in your facility. The staff at LSR support the Participants in everything they do. The staff enlighten and make the Participants life greater and brighter. Because of your amazing staff and the care they provide to such amazing people, their lives benefited greatly. LSR provides a safe and comfortable space for the Participants to learn new things and gain new experiences.

I absolutely enjoy being around the LSR atmosphere. What LSR does for the people is amazing in its own way. I'm sure it takes so much effort and work to do what LSR does, and LSR does it great. I know that LSR will continue to do great things in the future.

I would like to thank you again for everything that you and the staff at LSR do for the Participants.

Sincerely,
Kamie Bennion
Student
Star Valley High School



Howie Mandel
Nathan Roberts



For Christmas one of our clients was gifted Howie Mandel tickets to his performance in Salt Lake City, Utah. On January 31, 2020 Nathan and his staff, Kat, took the trip down to the show.

Anyone who knows about Mr. Mandel knows that he is a HUGE germaphobe. Staff worked with Nathan for several weeks talking to him about not touching Mr. Mandel due to this.

As they made their way back to the meet and greet it approached their turn Mr. Mandel noticed that Nathan had a little trouble keeping his balance and offered him his shoulder if he needed it.

It was reported that Nathan stated, "NO WAY SHIRLEY SAID I CAN NOT TOUCH YOU" :)!

Its interactions like this that make our Jobs as staff so incredibly special in that moment staff witnessed a "stranger" reaching out to help a client with sincerity and 100% compassion; and on the flip side staff witnessed a teaching that they had worked so hard to install in the client for the respect of another human be 100% executed .

Because Clem is leaving, I thought we would recognize him for all the good he has done for the company, and all the hard work he has accomplished. When Clem first started he wasn't too sure what he had gotten himself into. But from what we have learned from Clem is he has many talents, he is a jack of all trades. He's a pretty good guy, nice to be around, friendly, funny, and really good with the clients and a very good cook! He's also a problem solver and always willing to help others. I asked Clem if he had any "last words" for all his co-workers, he had replied with "try a little harder, to be a little better". That being said we appreciate all Clem has done and hope for the best to come in his future.



Written By: Savannah Burk
Afton Lead DSP



Matt Blakeman is a DSP with Allen Luce in day hab, he works John Hancock and Morse Lee to help out ALL THE TIME. The clients all call him their best friend and love spending time with him. He goes above and beyond all the time to help his co-workers, management and the clients.

Written By: Dani Blakeman
Evanston Program Manager

Name: Christopher Serna
Age: 31
Born: Lovell Wyoming
Raised: Cheyenne Wyoming
"I love my line of work and getting to know each participant and their own personalities

these personalities that they have make them each unique and special to me"

Written By: Jordan Austin
Evanston Program Manager



Diane Hincks, where to begin! This woman is a work horse!! She has been with us here at LSR since 2012! She is the Lead Direct Support Professional in the Thayne Office. It was said that one of her favorite things about this job is when people from the community comment to her about their respect or appreciation for what she is doing. Diane is the proud mother of 3 sons. She enjoys cooking (she didn't while her sons were growing up but NOW that she isn't REQUIRED to do it she enjoys it) Something's you may not know about Diane is that she participates in a painting class with some friends and enjoys the interaction that it provides, also she feels like it is NOT a vacation if there is NOT a beach. My personal view of Diane is that, she is a prime example of what good work ethic and dependability looks like.

Written By: Melissa Eggleston
Thayne Direct Support Professional



This is Kory Willett, he came from Rock Springs WY to be in our program here at LSR. He loves all sports, his favorite teams are the Denver Broncos and Colorado Rockies. He likes to joke around with staff and almost always has a smile on his face

Written By: Dani Blakeman
Evanston Program Manager

Connie Joined LSR in 2008. She loves the program and loves she is in it with her husband Carl John. Something you might not know about Connie is she married the love of her life 20 years ago in the spring of 2000! Also she is originally from Idaho and has lived in Texas and now here in the great town of Thayne Wyoming!



Some of Mrs. Connie's hobbies are cleaning and riding her bike. She also enjoys coloring, and copying down the words from her books on to paper to work on her penmanship. She also is a HUGE fan of the movie Frozen, the color pink and all things Disney. She LOVES LOVES LOVES babies and little kiddos! She greatly enjoys being a Wife an Aunt and Great Aunt. She does not like being bossed around and doesn't like change from her daily routine, or when things do not go exactly as planned.

Tara Smith

Favorite Color: Purple
Favorite Movie: Willow
Favorite Singer: Michael Jackson
Loves to Bowl and have Dance Parties

This little gal is a bundle of joy, and is always trying to make others laugh and help them to be happy!

Written By: Melissa Eggleston
Thayne Direct Support Professional

Written By: Jordan Austin
Evanston Program Manager

Shawn is in his 20s and has been a client at LSR for awhile. He has lived in the valley his whole life and has had the opportunity to go to both the Thayne LSR and the Afton LSR. Through LSR he has gotten the chance to participate in the community by going on trips to Disney on Ice, Snowmobiling and boating. He also gets to go bowling once a week and has gained nutrition skills by being a part of the Cent\$ible Nutrition Program that we offer. Shawn has also started a job working being a janitor for LSR and this provides him with life skills and a pay check. Shawn has cows and is very active in participating with taking care of his cows and likes learning about them.



Written By: Elle Kime
Afton Weekend Supervisor

Lincoln Self Reliance, Inc. earns Three-Year CARF Accreditation

CARF International announced that Lincoln Self Reliance, Inc. has been accredited for a period of three years for its Community Employment Services: Employment Supports; Community Housing; Community Integration; and, Supported Living (Supports) programs. The latest accreditation is the eight consecutive Three-Year Accreditation that the international accrediting body, CARF, has given to Lincoln Self Reliance, Inc.

This accreditation decision represents the highest level of accreditation that can be given to an organization and shows the organization's substantial conformance to the CARF standards. An organization receiving a Three-Year Accreditation has put itself through a rigorous peer review process. It has demonstrated to a team of surveyors during an on-site visit its commitment to offering programs and services that are measurable, accountable, and of the highest quality. Some of the strengths the CARF survey team identified during their recent site visit: "It is obvious that the clients come first at LSR. Client choice was evident in each program visited. The abundant supplies, materials, and technology available to clients in the organization's day programs ensure that clients have numerous opportunities to learn, become more independent, and just have fun socializing". "The welcoming, highly architecturally accessible facilities that house LSR's administration offices and day programs, both leased and owned, are tidy and reflective of excellent house-keeping and impressive maintenance. Client's personal styles are apparent in the bright, nicely decorated homes in which they reside. Renovations, purchases of needed supplies, and maintenance needs appear to be handled in an expeditious manner. The appearance of the buildings and homes is an admirable reflection of the culture of dignity and respect LSR embraces and fosters for the clients and staff members".

Lincoln Self Reliance, Inc. is a private not-for-profit organization with offices in Afton, Thayne, Kemmerer, and Evanston, WY. It has been providing Home and Community Based Medicaid Waiver Services to individuals with intellectual disabilities since July 2000.

CARF is an independent, nonprofit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process and continuous improvement services that center on enhancing the lives of the persons served. Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF International, the accrediting body establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services. For more information about the accreditation process, please visit the CARF website at www.carf.org.

For additional information, contact Darrel Skinner, MSW, Executive Director at 307-885-1577 ext.212.



Jackson Hole Adventure Rental Granite Hot Springs

On March 13, 2020 clients and staff got invited on an amazing snow machine trip donated and put together by Jackson Hole Adventure Rental. This company is a great support to LSR and is always giving us opportunity to get out into the beautiful outdoors as a group.

Here at LSR we are so thankful to have community businesses that give our staff and clients both the opportunity to explore things they have never done before

LSR

Lincoln Self Reliance, Inc.

P.O. Box 1449

1038 S. Washington

Afton, WY 83110

www.lsrservices.org



BOARD OF DIRECTORS

Darren Bateman, President

Kimberly Zuniga, Vice President

Anji Taylor, Secretary, Treasurer

Lisa Beachell, Member

Harold Jones, Member

Jayson Kennington, Member

LSR Thrift Store
Mon-Fri

10:00am-5:00pm

Sat

10:00am-2:00pm



AFTON

P.O. Box 1449

1038 S. Washington

Afton, WY 83110

Phone: 307885-1577

Fax: 307-885-2577

THAYNE

250 Van Noy Parkway

Thayne, WY 83127

Phone: 307-883-2577

Fax: 307-883-5578

EVANSTON

100 Bear River Drive

Evanston, WY 82930

Phone: 307-789-2037

Fax: 307-789-0407

DIAMONDVILLE

P.O. Box 367

20 Adaville

Diamondville, WY 83116

Phone: 307-877-1321

Fax: 307-877-5774