# Lincoln Self Reliance Review Oct 2019

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Photo of enjoying the sun & Afton's apple lesson
LSR's Annual Golf Tournament Trip to the Idaho Falls Zoo Article by Afton on Summer/Fall activities
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We cannot believe summer is over already..where did it go?? To end the summer we went to the Diamondville park and had a picnic and later baked cookies. We have enjoyed going to football games and volleyball games and having a blast!! The whole group went on outings to Lava Hot Springs, Evanston to see the buffalo and elk, and also on a shopping trip that the girls really had a great time doing (of course!!)





Nothing like sitting outdoors enjoying the wonderful sunshine and warm temperatures. AHHHH!!

We learned all about apples in September- Check out our famous apples on this tree!



## / ission Statement

*It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and achieve participation in the community.* 

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Some of our Summer Happenings: The LSR Golf Tournament in July was a big hit with all involved. The clients absolutely loved the beautiful weather and getting to hang out with some fun community members. In August the Oakwood group visited Kelly Warm Springs and the Tetons. As always we are involved with the LSR fair booth and of course taking in the Fair activities. In September Afton LSR took a trip to the Idaho Falls Zoo; we had pizza for lunch then on to the adventure with the animals! The clients and staff had an amazing time. We did a workbook activity where we had to find the animal and discuss what they ate and mark it in their individual books. As we were strolling around the zoo we could hear the sound of drums being played, the closer we got to the lions the louder it got.. Come to find out, it was the lioness playing a big drum! What a fun experience for all! Then to celebrate Labor Day we had a BBQ in the community.





*incoln Self Reliance, Inc.* is a private not-for-profit community based provider for individuals with disabilities. LSR provides Medicaid home and community based services to adults and children with intellectual disabilities and individuals with acquired brain injury.

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This quarter Thayne office has been very busy. In July we had a great time going on a few picnics, a hike, a rodeo and even did a little fishing. Some of the clients enjoyed going to an outdoor Suzy Bogguss concert. August was just as busy as we spent a lot of time at the fair. As always we enjoy volunteering at the LSR food booth. We went to concerts, various performances, Motor Cross, and rodeos. Also this Fall while the weather was nice we went to Bear Lake and stopped for a shake.



A big Thank You to Jackson Hole Adventure Rental and First Bank for a wonderful day full of sun, fun, and food!

The clients from Thayne and Afton enjoyed a boating trip to Palisades followed by a wonderful BBQ. Jackson Hole Adventure Rental provided the boating trip and First Bank provided the BBQ lunch, it was so much fun!! The clients had a great time not only being out on the water but, get this, driving the boat!! We had a great Skipper that cranked the music on the pontoon boat and everyone "partied like 1989" (a quote of one of the clients). What a great day, everyone had such a fun time!

Everyone is gearing up for Special Olympics. We did a great job at the area games, everyone placed to make it to State. We leave for State games on October 9th. The next big event is our LSR Annual Awards Banquet. One of the LSR staff has written a poem that the clients have been practicing to perform at the Banquet. We have started practicing our bells choir for a Christmas event the clients have been invited to participate in this December 7th at the Star Valley High School. The clients have also started making paper and creating one of a kind Christmas cards to sell locally starting the end of October. Here is to wishing everyone a great holiday season!!

## FUN!! SMILES:) SUN!! YAY!





It was a perfect day to be on the water for fun and relaxation!!



## Lincoln Self Reliance, Inc.

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**Community Partner** 

LSR Thrift Store Mon-Fri 10:00am-5:00pm Sat 10:00am-2:00pm

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