

Lincoln Self Reliance Review October 2021

Be Kind To Those Who Show Up

When you drive through your local communities you have probably noticed many signs posted, CLOSED you might even find a nice note typed from management closing early due to being short staffed, or opening late our employees are in school.

When you open up your social media account its possibly flooded with, help wanted no experience necessary, staff needed all training done on site, or maybe just a gentle plea for someone to apply.

When you turn on the news you hear stories of businesses having to shut down because they do not have the people necessary to keep their facilities open any longer.

All of these places and things have a common thread, they need help, they need people to lace up their work boots, tie their aprons, and step into a work role.

Lincoln Self Reliance is no different, we are working understaffed, causing us not to be able to fire on all cylinders, we are pulling from all departments to get through one week at a time. Those weeks are sometimes too big of a chunk to process all at once so we have resorted to making it through one day, one hour, or one minute. We are typing those messages on our social media sites, hanging help wanted fliers, posting large banners, just asking for someone to please show up!

However, we are different in some ways from these other local businesses. Lincoln Self Reliance staff provide a service to individuals 24 hours a day, 7days a week, 365 days a year. We cannot close early or open late, we have to provide supports to these amazing individuals who can not support themselves. If we don't show up our participants don't get out of bed, don't get toileted, don't have basic hygiene items completed, they don't get a meal. If we

don't show up these sweet individuals suffer! Lincoln Self Reliance can't just close their doors because we don't have sufficient help. Could our staff go out and find another job tomorrow? Absolutely! But this industry is more than a job; being a Direct Support Professional is a commitment to entering the work place with your heart, to place these precious lives before your own and support our participants with dignity, respect, honesty, integrity, kindness, and patience.

Management have spent hours upon hours of trying to figure out how to make this NATION WIDE staffing shortage better. We take two (2) steps forward to be knocked back five (5), but I can promise you none of us are sitting down, we will keep pushing forward and doing all that we can do. We are so thankful to our loyal staff members who have a passion for supporting and continue to step up and step in when sometimes it would seem easier for them to step out! Also, a huge thank you to the guardians who keep supporting us and giving us those positive uplifting thank you of gratitude that take us so far! Our participants are our highest priority and none of their daily needs or wants will ever go unmet.

We are very hopeful that we will begin to see applications come in and people wanting to work for a cause!



**When life
gets sour
sweeten it
with
GRATITUDE**

Squeeze The Day

This Quarters Years Or Service

Two Years

Svitlana Holm (Diamondville, DSP)

Three Years

Mechelle Skillin (Evanston, Program Manager)

Lindee Knox (Evanston, DSP)

Four Years

Tina Myles (Afton, DSP)

Five Years

Connie Wigginton (Evanston, DSP)

Six Years

Andy Ortenzio (Office, IT)

Ten Years

Sara Pope (Diamondville, DSP)

Eleven Years

Elaina Wade (Afton, Office)

Eighteen Years

Darrel Skinner (Executive Director)

Adventures To Bear World Rexburg, Idaho

On September 16, 2021 North Lincoln Self Reliance got to enjoy Yellowstone Bear World for the day. Clients were donated half off tickets. Everyone enjoyed seeing baby mountain goats, elk, and albino elk, bison, deer, moose, black bears and grizzly bears during the drive through portion. Next, everyone unloaded enjoyed lunch from their snack shack before getting to go into the petting zoo where we had interactions with goats, pigs, geese, baby deer, and the clients all time favorite DAISY the deer, she loves to lick people. The clients thought this was hilarious and some even let her lick their foreheads!

We would like to extend a huge thank you to Mike with Bear World for giving us this opportunity and a thanks to all the employees for their great service and accommodation's.



Overnight In Utah

Adventures fill your soul! North Lincoln Self Reliance went on an overnight trip down to Utah where we got to create lots of memories, have lots of laughs, and go somewhere we'd never been.

Day one, we traveled down to Utah stopping in Evanston for a wonderful little picnic lunch down by the river, then we loaded back up and headed to the much awaited Loveland Living Planet Aquarium, we spent approx. 4 hours seeing everything there was to see! The participants really enjoyed the penguins and sharks as well as the HUGE fish, no one remembers what exactly they were but I am still hearing about these guys! We then went to dinner and to the hotel for some swimming and sleep!

Day two, we woke up had breakfast and went to the Hogle Zoo, we walked around enjoying the beautiful weather and seeing all the animals. We had lunch in the zoo then loaded up to head home!

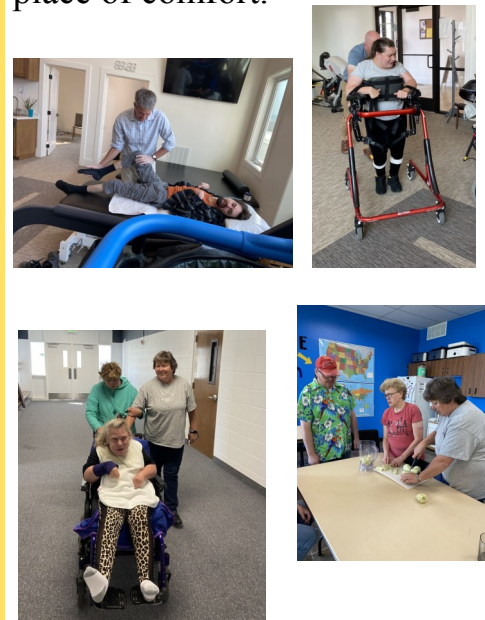
The participants really enjoyed this little get away and still talk about it almost daily!



Happiness Is Health

We have noticed over the past year how much the lack of being able to get up and out have really affected not only individuals physically but also mentally! Here in North Lincoln County we are working on putting an emphasis on health.

We have some clients who work weekly with Physical Therapists from Therapy Works, others walk 30-45min daily with staff and their peers. Some others meet with their individual councilors. Everyone is learning to focus on themselves and finding their own happiness and doing things that bring them each to an individual place of comfort.



Evanston residential homes have been busy these last three months. They were able to enjoy spending time at cowboy days, going to Echo Reservoir where they went swimming, attending the Labor Day parade, and taking hikes in the state park.



**Happy Birthday
Tara Smith
and
William Thurmond**



Soaking Up The Sun

Afton Lincoln Self Reliance was able to take a group of participants to Lava Hot Springs this July. We spent the day soaking up the sun, splashing in the water, and enjoying each other's company. We enjoyed a picnic lunch from their food shack. This is always a fun experience as you get to see staff and clients interact in ways you don't in your typical routines.



Mission Statement

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and achieve participation in the community



The Kemmerer clients have enjoyed getting back into the swimming pool each week.



Also, they got to have a fun day with the Kemmerer Police Department trying on their vest and getting to take a ride in the Cop car! It is community activities like this that bring so much happiness and excitement to our clients days, thank you for taking time out of your busy schedules to give our participants life long memories!



Taking It Off Roads

September 21, 2021 was the day North Lincoln Self Reliance got to take a side by side ride up to Murphy Lake. This ride was donated to our program by Jackson Hole Adventure Rental and led by Stephanie and Sarah. Talk about a fun day! Three (3) staff and seven (7) participants traveled down to Alpine where we geared up to head up Greys River to the lake for lunch. This was an activity that the participants got to enjoy exactly the way they saw fit, you might be wondering how this looked. Some of our participants took this time to catch up on sleep, others took in the beautiful views and wild life, while others were begging for more mud puddles to be hit! Jackson Hole Adventure Rental has played a HUGE role in providing seasonal/annual fun activities for our participants and supporting our programs in every way imaginable!



LSR

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LSR

Thrift Store

Monday-Friday
10:00am-5:00pm

Saturdays
10:00am-2:00pm



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