#### Lincoln Self Reliance Review April 2021

Lincoln Self Reliance operates with a Governance Board from various backgrounds and communities in Lincoln & Uinta Counties, currently we have six members and are seeking two more to fill all our board positions.

Our Current Members Are:

Darren Bateman serves as our President, he comes to us from Lincoln County, he works for Rocky Mountain Power as their warehouse supervisor and materials manager, he has been a board member for five years.

Kimberly Zuniga serves as our Vice President, she comes to us from Lincoln County, is employed with Lincoln County School District #1 as a business office clerk, she has been a board member for three years.

Anji Taylor serves as our Secretary/Treasurer, she is from Lincoln County, is employed by Bank Of Star Valley as vice president in consumer lending, she has been a board member for five years.

Lisa Beachell serves as a Board Member from Uinta County, she has a passion for our company and the participants we serve, she has been a member for seven years.

Harold Jones serves as a Board Member from Lincoln County, he is the store director for Broulims, and has been a member for four years.

Jayson Kennington serves as Board Member from Lincoln County, he is a loan officer working for First Bank of Wyoming, and has been a member for one year.

#### What does it take to be a board member?

Follow LSR Code of Ethics.

Follow LSR policy on Conflict of Interest.

Promote LSR mission and purpose through collaboration and relationship building with other businesses, organizations and general public.

Oversee the implementation of LSR policies and programs.

Participate in reviewing, approving and monitoring the annual budget. Participant in the organizations annual evaluation and planning efforts. Regularly attend board meetings and other related meetings per Board Attendance Policy.

Review board packet material and clarify questions with the Director before the board meeting.

Respond to written requests for input on business issues between business meetings.

Participate in fund raising activities for the organization.

Volunteer for assignments as needed and complete them thoroughly and on time.

Get to know other members of the board and build a good working relationship that contributes to consensus.

#### What is the benefit of being a board member?

Satisfaction of making a difference in the community; opportunity to work with individuals of diverse backgrounds and abilities.

If You have an interest in becoming a board member please contact Darrel Skinner, Executive Director 885-1577 Ext. 212



Here in Kemmerer/Diamondville we have been doing several fun items. January was a really hard month for the clients as they all enjoyed the holidays with their families so much that getting back into routine was very hard. However, they are extremely excited that more things are starting to open back up so they can get out into the community more. February the clients really enjoyed learning about Groundhog Day. We did coloring sheets and talked about if he saw his shadow or not and what it meant... he did see his shadow so we have six more weeks of winter. We had a wonderful Valentines pizza party. March we are gearing up for Easter and will be painting some wooden eggs to place in our home windows. This is a community activity that you then drive around find/take photos of the eggs and post them on social media. These are just some highlights of the fun things we did in Kemmerer/ Diamondville.





Thayne LSR would like to highlight Thomas Skinner, DSP. Thomas has worked for LSR since he was in high school. He has worked doing lawn care, the LSR Thrift Store and for the last year as a DSP in our Thayne office. Thomas has been a great asset to our Thayne office. He is dedicated to doing whatever needs to be done to help the program. He enjoys the clients and they love having him as their staff. Thomas works hard to make sure that the client's needs are met and they are

having fun while doing it. He works very well with his co-workers and help where ever he can. Some of Thomas's hobbies include gaming, skateboarding and dirt biking. He likes spending time with his siblings when he can. Thomas has a great sense of humor and is a positive person to be around.





The client I would like to highlight this quarter is Carl John Eggleston. CJ has been with LSR since 2008. He enjoys watching TV and going places. CJ is a joker and likes to make people laugh. He has a very happy demeanor most of the time. CJ likes to spend time with his wife. When

asked who he likes to do things with he said

his brother. CJ loves animals, he likes eating out, and loves spending time with family. He also enjoys swimming and bowling. His favorite TV shows are westerns or Disney. CJ most always has a smile to share and a friendly hello for everyone.





Here in the Thayne office this year we have started a new "Country of the month" program. We pick a country to study and learn about each month. We learn a few words from their

anguage, learn about their cultures, research their flag, wildlife, geography and landscape of the area, as well as studying their music. We then plan a cooking project to teach us about their local foods and cuisine.





We are looking forward to doing more countries throughout this year. So far we have done China, Germany and Ireland.

Some of the clients went to Salt Lake City to see Disney on Ice and had a very good time. They got to eat out and stay overnight. We stopped in Evanston to visit some of their friends in our program there. It was a good time for all.





We are starting to look forward to spring and warm weather, outdoors activities and fun.

#### Staffs Years Of Service For This Quarter

# **One Year**

- Brian Gum (Afton DSP)
- Kamie Bennion (Thrift Store)

## **Two Years**

- Savannah Burk (Afton DSP)
- Kyle Foulger (Evanston DSP)

### **Three Years**

- Cynthia Genini (Afton DSP)
- Joloree Williams (Evanston DSP)

## **Five Years**

- Candie Oliver (Evanston DSP)
- Sheralee Dunbar (Evanston DSP)

### **Six Years**

- Macii Bahls (Diamondville DSP)
- Sandra Stevens (Evanston DSP)

#### Alone we can do so little,

#### together we can do so much.

We have approximately 70 Direct Support Professionals, they are our front line staff, they are the faces that you see each and every day working directly with the participants, they are your 24 hour a day 7 days a week in the trench workers.

Each location has a Program Manager; Annette Eggleston, Rissa Grisamer, Shirley Deason, Dani Blakeman, and Mechelle Skillin. They make sure all state requirements are completed, work with case managers and guardians to assure that each clients needs are being met to the standard of the families/state, as well as supporting and encouraging our direct support professionals in their every day duties, stepping in when needed to provide client care and trying to make everyone's jobs a little easier.

Darrel Skinner is our Executive Director here at Lincoln Self Reliance, he is a man with many hats; Darrel is very good at following along with all state/government changes he keeps everything and everyone up to date on any and all changes to our programing. He keeps our budget on track making it possible for us to serve the clients and for our staff to get the raises that they deserve. Darrel also takes care of the landscape work in the Afton/Thayne locations as well as hauling items to D.I. for the Thrift Store. Although this is just minimal mention of the tasks he is responsible for, we are grateful for him keeping LSR open and flourishing!

Our Administrative Staff is often left working hard behind the scenes, with very little recognition. In Lincoln County we have Kallie Bennion, Elaina Wade, and Kayla Grisamer, in Uinta County we have Stacie Sheets, Judy Symes, Julie Dubois, and Sandra Sharp; these ladies take responsibility for the ins and outs of keeping our operations flowing smoothly, they pay bills, set up appointments, do payroll, keep client files and billing up to date, keep track of incoming/out going staff, finger print oncoming staff, make sure we have insurance plans in place, do trainings when needed and so much more.

Andy Ortenzio is our IT Guy he has been with LSR for almost six years. He keeps our computers running at all locations. Without Andy and our computers our jobs would be much more difficult.

Many hands make for light work.

#### Mission Statement

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self-reliance and achieve participation in the community. Evanston has had so much fun the past three months. We experienced some really fun outings. We were able to explore the Airplane Museum at Hill Air Force Base in Layton, UT; everyone was so excited to finally get out of town! We were able to visit the city and learn about the dump trucks and plows. In day hab we had a chili cook off between four different groups. The office staff came in and taste tested each bowl and awarded group two the winners; it was so fun to taste the different type of chili that they came up with. We learned to make dog treats then donated them to the dog shelter in town. We learned how to make our own paper; it was a very fun and messy craft. We tried an experiment with ice, salt, and food dye, watching how the different colors ran and changed it turned out to be a fun experiment. Some of the client's favorite days continue to be board game days, and pajama/movie days!

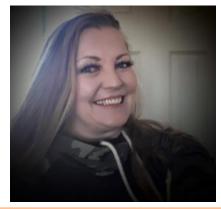








Nellie Blakeman, has worked in the Evanston location for almost a year now, She was just promoted to lead supervisor over Evanston's biggest home, Morse Lee. She has jumped right in without hesitation and is doing a wonderful job. We are very excited to watch her grow within her duties and the company. The clients love working with her as she brings a positive and exciting atmosphere into the home.



Our homes In Evanston are happy to be getting back to the normal day to day of life since COVID hitting . Several of our clients were able to get back into the salon for hair cuts and a relaxing pedicure. Others are just happy to be able to see their friends, go to day hab, get out to the stores, and celebrate their birthdays!











Geena Hoopes was one of the first clients in the Afton Residential Home. Her family opted to have her transferred to Afton from a program she was attending in Evanston; this transition took about a year to complete, she arrived home in 2008! Geena is such a joy to have in services, at many of our client recognition ceremonies she has received recognition for being

the light/energy in the room. Some of

Geena's favorite things to do include: soaking up the sun, going for walks, taking drives that include a lot of bumps, listening to church music, and being read to.

"Look into my eyes and here what I'm not saying, for my eyes speak louder than my voice ever will" -Author Unknown

Afton has had a fun couple months and is looking forward to better weather with less snow in the coming months! Our clients have had a fun time doing cooking projects and crafts tailored around the month's holidays. January they spent some time making some new year's goals, some of those being: think healthy Thursdays, write in a journal, being more patient, and be the best we can be in all we can do. In February they really enjoyed learning how to make cotton candy and making some cute valentine love bugs. March is the month of St. Patrick's Day, they did a really great activity to encourage forward thinking and fine motor skills. they built paper chains with a pot of gold attached, then had a writing prompt: If I had a pot of gold I would... "Go to a concert, and pay for my sister's surgery."-Logann "See Sandy and talk to Sandy."-Teresa "Rest On Vacation." - Nina "Hawaii"-Angie







Autumn Nalley came to work for Lincoln Self Reliance in May 2020. In her short time working here



she has been a huge asset to our team. She started out on graveyards and has since been promoted to day shifts as one of our Lead Direct Support Professionals in the Afton location. Autumn loves her time with the clients and puts a lot of energy into making sure their atmosphere is bright and uplifting! Outside of work she enjoys spending time with her siblings, her two ferrets and her husband Austin. A few days after Autumns interview I received an application from Austin Nalley.



Upon completing his interview, with hesitance and a lot of thought I chose to take the dive and offer him a position with Lincoln Self Reliance as well but in our day programing. He has been amazing. He is a selfstarter and is always willing to jump in whenever the

need arises. Austin has taken on our shredding department and is great at insuring the businesses we conduct this service for needs are always met. Outside of work he enjoys making music. These two are a great team not only in their personal lives but also to the company, I appreciate the efforts they take to maintain professional boundaries. Autumn and Austin are adored by all throughout LSR, the clients think they are fun, energetic, and kind; a

guardian of one of our residential clients can't praise their efforts and diligence enough; case managers often ask me where these two came from because they are so on top of each client's needs; and their co-workers have come to respect and value the unity they bring to the team!





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