

Lincoln Self Reliance Review July 2020

ONE YEAR

- Robynn Rowen (Afton DSP)
- Chelsea Cain (Afton DSP)
- Elle Kime (Afton DSP)
- Kamie Bennion (Afton Thrift Store)
- Teresa Newton (Afton Thrift Store)
- Wendy Hurd (Thayne DSP)
- Janis Speth (Thayne DSP)
- Thomas Skinner (Thayne DSP)
- Matt Blakeman (Evanston DSP)
- Kailyn Singer (Evanston DSP)
- Ozlyn Ross (Evanston DSP)
- Forrest Smith (Evanston DSP)
- Samuel Sanchez (Evanston DSP)
- Ronda Bullock (Evanston DSP)

TWO YEARS

- Jane Scott (Afton DSP)
- Dani Blakeman (Evanston Program Manager)
- Tyler Bentley (Evanston DSP)

THREE YEARS

- Rissa Grisamer (Afton Program Manager)
- Phyllis Roberts (Afton Thrift Store)



Mission Statement

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and achieve participation in the community

Years Of Service

**This Quarter We Have Had
The Following Staff Reach
Mile Markers**



SIX YEARS

- Kathryn Johnston (Diamondville DSP)
- Connie Barton (Evanston DSP)
- Josh Davis (Evanston DSP)
- Julie DuBois (Evanston Office)
- Sian guild (Evanston DSP)
- Jeff Lancaster (Evanston DSP)
- Hannah Perry (Evanston DSP)
- Melissa Reppenhagen (Evanston DSP)
- Sandra Sharp (Evanston Office)
- Stacie Sheets (Evanston Office)
- Judy Symes (Evanston Office)
- Sharon Wagstaff (Evanston DSP)
- Paige McIlff (Evanston DSP)

SEVEN YEARS

- Chelsea Reeder (Diamondville DSP)

ELEVEN YEARS

- Kallie Bennion (Afton Office)

Diamondville

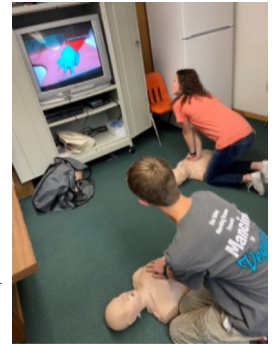
This quarter we talked about different cultures. For march we did Ireland we made an Irish stew for St. Patrick's Day and the clients enjoyed it. For April it was Italy, we made chicken alfredo and chicken spaghetti. For May it was Mexico. We made different types of tacos and nachos. Clients loved this one. We even made some treats. Due to the covid we could not go out much and when the weather permitted we were able to sit on both the front and back porches and enjoy the fresh air. We talked about the importance of social distancing and wearing masks. We have one client that is very good at keeping his mask on. We know the clients are getting a little stir crazy so we do go for rides. Clients are glad that things are starting to open up and that they can do more now.

Hi my name is Mikinley I'm new to LSR. I enjoy riding my bike and using my walker, The staff and clients seemed very friendly and welcoming, I'm excited to see what other new adventures are in store for me with LSR.



Training

When you think of a Direct Support Professional (DPS), you may begin to wonder; what kind of training do these individuals receive that qualifies them to take care of my loved one? One of the many great and appealing things about working for LSR is that you do not have to come in with any former knowledge or experience, we have in house training /trainers in all of our locations. When offered a position the very first course you attend is Heart Saver First Aid, CPR, and AED; this is taught by: Sandra Sharp (Evanston), Mechelle Skillin (Evanston), Dani Blakeman (Evanston), Shirley Deason (Diamondville), Annette Eggleston (Thayne), Rissa Grisamer (Afton). You will then attend MANDT which is a course teaching healthy communication, healthy relationships, de-escalation, proper and safe physical skills to assist our participants; this is taught by: Sandra Sharp (Evanston), Jordan Austin (Evanston), Shirley Deason (Diamondville), Annette Eggleston (Thayne), Rissa Grisamer (Afton). We offer Medication Assistance Training; this is a training where you learn to professionally and properly administer medication safely, you also learn about the cause and effects of medications; this is taught by: Sandra Sharp (Evanston), Shirley Deason (Diamondville), Annette Eggleston (Thayne). Those are our three major trainings, in conjunction with them our staff are required to complete a video packet which contain a variety of topics: abuse/neglect, blood born pathogen, safe driver, drug/alcohol, fire safety, general provider, harassment/diversity, HIPPA, seizure, and many other in house training. We have the clients POC, and individualized trainings for each client. As a DSP you are constantly learning new tasks or things about the participants they are human and changing daily; the statement is often made that **“you will never learn this job 100%”** we are always training and working together to make sure everyone is cared for in the best and safest manner.



It's a rewarding job, being in the Administrative Assistant department. We might not work directly with our AMAZING clients, but we get to still have fun and interact with them on a daily basis. They make us crafts, or scare the day-lights out of us every time we turn around, or just come in our offices and tell us about their day (and when they do, they always get a treat from Kallie. SHHHH).

The Administrative Assistants are always working hard behind the scenes. Let me introduce all of us Administrative Assistants. In our Evanston location we have Sandra Sharp. She is our employee trainer, she trains all of the staff from CPR to MANDT to Med assist. Then there is Julie Dubois, she takes care of the Evanston billing and clients medications and client appointments. Then there is Stacie Sheets, she is the payroll department, helps with billing and schedules vehicle maintenance. Last but not least there is Judy Symes, Judy takes care of the client financials and scheduling maintenance on our buildings. All of these great employees have been with LSR since we bought our Evanston location back in 2015.

In our Afton Location; the Administrative Assistants are Elaina Wade, Elaina has been with LSR since 2010. She does our billing and accounts receivables. Next we have Kayla Grisamer, Kayla does our client financials, helps with billing and accounts payable. Kayla has been with LSR since 2019. Last we have me. I'm Kallie Bennion. I am over the Administrative Department and I do payroll and Human Resources. I've been with LSR since 2009.

LSR is composed of several different "TEAMS". However, the ladies in the office are always willing to do what is asked and whatever is thrown in their direction with a smile on their face. We are lucky to have each one of them!

-Kallie Bennion
Senior Administrative
Assistant.

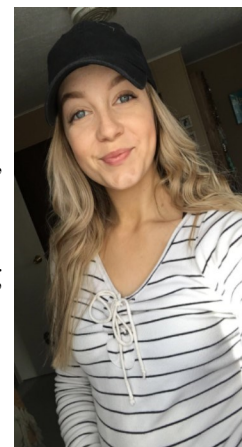


As the Afton Program Manager, I get the opportunity to work with many staff as well as the clients and guardians. I take great pride in my position and the company in its entirety. My favorite part of the job is of course my interactions with the clients they are truly the reason I love my job so much and I have often said "Our clients are like honey, sweet to the soul." I also have come to know and work closest with the two ladies I supervise, without them our program would be a lot harder to successfully run.



Robynn Rowen has been with the company for one year she worked here a few years ago and came back because her passion and heart is truly with the clients, she was promoted to lead and has done a fabulous job creating our day service calendar providing great ideas and activities for each of our clients, she is great at rolling with the changes and making sure each participant is involved at some level.

Savannah Burk has been with us for one and a half years, she has a truly bright and brilliant personality that lights even the darkest room, Savannah brings a lot of positivity and happiness to our clients as well as helping tons with, med review, paperwork corrections/billing. I would like these ladies and all our staff to know how much each and everyone of them are needed and appreciated.



Rissa Grisamer
Afton Program Manager

In Evanston we have tried new things to keep everyone busy while at home. We did yard games, everyone's favorite was giant checkers. We started going back to day hab 2 hours at a time each house comes 2 hours. They did a cookie decorating contest everyone seems to enjoy it even though all the clients were not there together decorating the cookies they got to see each other's cookies. The clients have enjoyed going for many different rides to different places. They went to Bear Lake, Kilns, Mirror Lake, Uinta's and Elk ranch.



My name is Forrest Smith I really enjoy spending time with my friends and family I love nature and being outside. I love theater and movies I always wanted to be an actor. I really enjoy helping people and love the clients we have at LSR; they are always improving and trying. I enjoy helping them grow and learn and seeing the progress they all make.



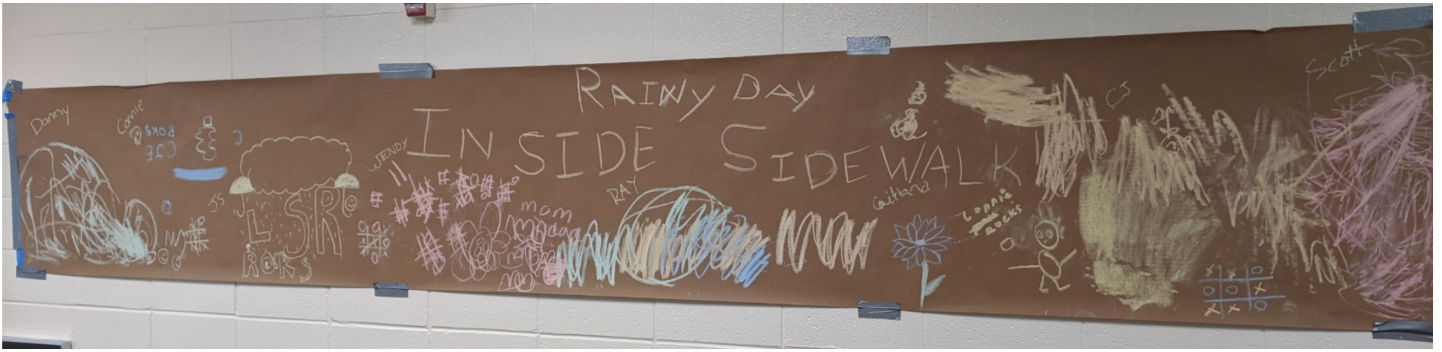
WELCOME BACK TO LSR
 Anjeanette Shaw
 Loves Frozen, reading, and poems
 Loves Carrie Underwood and lives
 to make others smile!



Nina Kennington, Afton Wyoming
 Birthday: June 15th
 Favorite Flower: All The Purple Ones
 Favorite Food: Spaghetti
 Favorite Color: Purple
 Nina is a fun loving, happy go-lucky, makes everyone around her smile. She has been employed at Burger King in Afton for 5 years. She has gotten to know a lot of people and it's been said it makes their lunch break when they go in



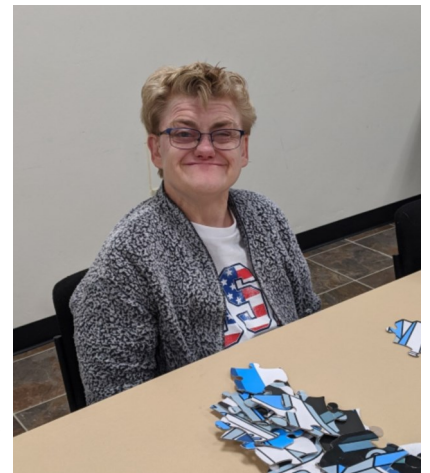
and see her. Nina has also began working in our shredding department here in the Afton location. She is an animal and baby lover. We joke and call her Nanny Nina. She is always trying to scare us, make us laugh, and keeping us honest. Nina is just an all around joy and we are so happy to have her as part of Lincoln Self Reliance!



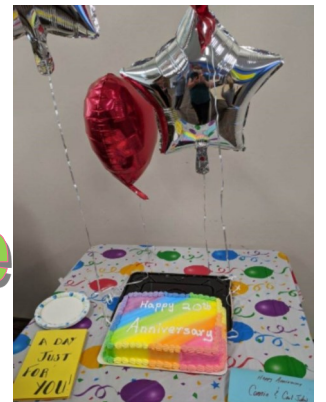
This month we will be recognizing Jonathon Steed. Jonathon has worked for LSR since September of 2017 as a DSP and mentor/shift supervisor. One of Jonathon's greatest traits is his ability to have fun and make things fun for the clients. He enjoys spending time with them and they love having him as staff. Jonathon is a staff you can count on in a pinch. Jonathan reported that he loves to golf, concerts and anything outdoors. He enjoys helping others and spending time with family and friends.



We would like to recognize Wendy Taylor as Thayne's distinguished client. Wendy has been with LSR since 2014. She has been a lot of fun. Wendy is over all a very happy person. She enjoys cooking, going on walks (when she feels like it), she loves eating out, spending time doing puzzles and in her room playing cards. She like most animals but her favorite is her dog. Her favorite colors are brown and gold 'because that is the UPS colors'. Her most favorite thing in the world is "DR. PEPPER", she even wears her Dr. Pepper shirt all the time because it is her favorite. She informed me she needs a new one so she has two. Wendy loves to eat at Red Baron because they have Dr Pepper. Wendy makes sure that all staff she likes the best get a nickname. It might take her a few weeks to come up with one for staff but she seems to find one for every staff that has meaning to her. Staff enjoy working with Wendy and love her happy go lucky attitude and her big smile when she is happy.



Connie and CJ
Celebrated 20years Of Marriage



LSR

Lincoln Self Reliance, Inc.

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www.lsrservices.org



Community Partner



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**LSR
Thrift Store**

**Monday-Friday
10:00am-5:00pm**

**Saturdays
10:00am-2:00pm**

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