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**VISION:** LSR has created quality community living homes that enhance the lives of the participants in a close knit community through:

- Promotion of growth and independence leading to community involvement and integration
- Promotion of optimal health and safety
- Partnership between residential housing and the community.



**Mission Statement:** It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and active participation in the community.



**Community Partner**

**Private Not-for-Profit Organization**  
 Contributions made to LSR are tax deductible.

## LSR STAFF TRAININGS

- ◇ CPR/FIRST AID/SEIZURE
- ◇ MEDICATION ASSISTANCE
- ◇ MEDICATION TRAINING OBSERVATION
- ◇ MANDT
- ◇ EXPOSURE CONTROL
- ◇ BLOOD BORNE PATHOGENS
- ◇ GER - THERAPY FORM
- ◇ SDS AND GHS LABEL
- ◇ ABUSE, NEGLECT, EXPLOITATION, & INCIDENT REPORTING
- ◇ DRIVERS TRAINING
- ◇ DRUGS & ALCOHOL (LSR IS A DRUG FREE WORKPLACE)
- ◇ FIRE SAFETY CLASS
- ◇ GENERAL PROVIDER: CONFIDENTIALITY, COMPLAINT & GRIEVANCE FORM
- ◇ HARASSMENT & DIVERSITY
- ◇ HIPAA TRAINING

## HISTORY

Lincoln Self Reliance, Inc. (LSR) was established because of particular needs in the community, a desire to develop more opportunities and improve the quality of life for individuals with disabilities residing in Lincoln County. LSR provides quality services through teaching life skills and giving dignity and respect to persons with special needs.

LSR is a private not-for-profit organization under Section 501 (c) (3) of the Internal Revenue Code. Not-for-profit status was granted on August 7, 2000.

LSR operates with a Governance Board of seven community members from various backgrounds.

## ADMISSIONS AND ELIGIBILITY

Persons desiring services must have a funding source in place or seek eligibility for a funding source (i.e., Behavioral Health Division Waiver services, private pay, or alternate funding sources.)

## ADULT DAY SERVICES & COMMUNITY SUPPORTS

LSR provides Day Services & Community Integration in Afton, Thyne, Diamondville, and Evanston.

- Acquisition and retention of self-help, socialization and adaptive skills.
- Day Hab focuses on assisting each individual to achieve maximum potential in the least restrictive environment.
- Skills are taught on site and in the community. LSR encourages the participation of family, friends, and volunteers in the community.

## COMMUNITY LIVING

LSR provides up to 24 hour staffed homes in four locations Afton, Thyne, Kemmerer and Evanston

- Daily living skills training
- Transportation to appointments, employment, shopping, recreational events
- Medication management
- Budget training
- Meal preparation training
- Shared household chores

## ANCILLARY SERVICES AVAILABLE TO RESIDENTS

- Counseling
- Physical Therapy
- Occupational Therapy
- Dietary Consultation

## COMMUNITY LIVING (SUPPORTED LIVING)

- Participants can live in their own home, family home, or rental unit.
- Assistance with medication management, meal planning and preparation, transportation services, employment, acquisition, managing personal finances and participating in community life.

## RESPIRE SERVICES

- Respite services are available on a short-term basis for persons who are unable to care for himself or herself unassisted.

## PERSONAL CARE

- Personal Care services include assistance with eating, bathing, dressing, personal hygiene, safety and activities of daily living.

## COMPANION SERVICES

- Companion services provides assistance and supports to maintain

## COMMUNITY BASED SUPPORTED EMPLOYMENT

- LSR is certified to provide vocational training to individuals with various disabilities.
- Assist participants with preparing to obtain and retain employment.
- Provide ongoing support for participants in a work setting.