

**January 2020
Afton Day Hab**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 DAY HAB CLOSED HAPPY NEW YEAR	2 Cent\$ible Nutrition 9:30am-10:30am Trying new fruits	3 Story Time Afton Library 10am-11am Memory words Play matching game	4
5	6 Client/Staff Meeting Fine motor skill Making baking powder biscuits	7 Lesson - Using money in the community - wallets	8 Bowling 10am-11am Lesson- moving to music	9 Cent\$ible Nutrition 9:30am-10:30am Using vegetables as snacks	10 Story Time Afton Library 10am-11am Promoting Reading Making a book bag	11
12	13 Client/Staff Meeting Following Instructions Make a snowy owl	14 Lesson - Self care soap making	15 Bowling 10am-11am Math and measuring Homemade trail mix	16 Cent\$ible Nutrition 9:30am-10:30am Adding nuts Nut bars	17 Story Time Afton Library 10am-11am Reading is fun Making a book mark	18
19	20 Client/Staff Meeting Using our senses Making candles	21 Lesson - shopping skills- grocery store outing	22 Bowling 10am-11am Movement Making ribbon wands	23 Cent\$ible Nutrition 9:30am-10:30am Celebrating cheese Trying new cheeses	24 Story Time Afton Library 10am-11am Sharing a story Reading a Library book	25
26	27 Client/Staff Meeting Textures Making fluffy slime	28 Lesson - Community behaviors Making behavior popsicle sticks	29 Bowling 10am-11am Winter Science Making snow paint art	30 Cent\$ible Nutrition 9:30am-10:30am Beverages Banana almond smoothie	31 Story Time Afton Library 10am-11am Improving reading Game- Oh Snap- sight words	