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Lincoln Self Reliance Review

Fall/Winter 2016

Here at LSR in Evanston we have had continuing success with our volunteer work with the local Meals On Wheels program. We've been able to assist them two days a week delivering meals to our local elderly residences. We have added other activities to our volunteer work. This summer and Fall we were able to volunteer on Mondays with the Community Garden. We helped to establish a walkway and do some weeding. Unfortunately due to the weather this volunteer work is on hold until Spring when it reopens. We hope in the future to learn some skills with plants and attempt to grow some produce such as tomatoes. We have also been volunteering with the Evanston's Hungry Children's backpack program. This program currently gives aid to 160 children. It was a real fun time filling bags with foods for the children at our public schools. We enjoyed it so much that we started singing and dancing. Those that attended stated that they enjoyed themselves and look forward to the time we get to do it again. We have been on the lookout for other volunteer projects to add to our list of community activities. We have several clients that volunteer on their own. Todd enjoys the friendships he has established while volunteering at NAPA. Andy has started to volunteer at a local pet store and is enjoying working with and learning about the animals.



Meanwhile at LSR in Diamondville....We have enjoyed going to the Diamondville Park for picnics and fun. We went to Bear Lake and had a great time and Scott even went into the water this year and had a blast getting wet! We went to Special Olympics Bowling and really had a wonderful time, we always look forward to Special O. One of the highlights this Fall was having a bake sale so we could have our food catered this year for the Awards Banquet. We baked all the goodies ourselves with the help of our great staff of course. To end the year we practiced and practiced our songs then went caroling for Christmas. We are looking forward to the new year and new adventures!

Mission Statement

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and achieve participation in the community.



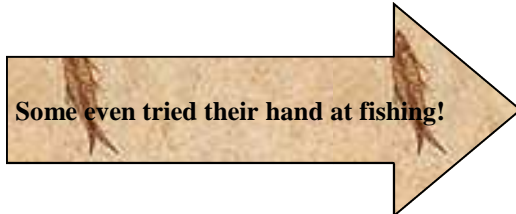
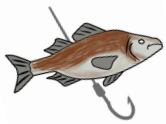
In September several LSR clients were fortunate to be invited by Jackson Hole Adventure Rental to go on a ATV ride up the Greys River to Murphy Lake. Four of the residents from the Thayne Residential House along with their staff and a couple of volunteers joined the great people from Jackson Hole Adventure Rental and ventured on the journey. The morning weather was a little crisp but we stopped several times to warm up. After arriving at Murphy Lake our wonderful host provided lunches for everyone. We enjoyed the wild life and took a walk around the lake. After enjoying our time at the lake we headed back but first took a de-tour on a ride that was a little more exciting, we drove up and down trails and blazed through streams! The participants, the volunteers, and the staff enjoyed this day so much and everyone is so grateful to the folks at Jackson Hole Adventure Rentals for providing us with this opportunity.



Lincoln Self Reliance, Inc. is a private not-for-profit community based provider for individuals with disabilities. We provide Adult, Child, and Acquired Brain Injury Waiver services as well as Vocational Training.

In Afton by October the green house had supplied us with about 70lbs of tomatoes! The clients helped to make a number of different recipes. They did some tomatoes and cheese cracker snacks, tomatoes toasted on crackers but at the end we had a lot of spaghetti sauce that we froze for this winter. After harvest season we went into holiday season starting with a great Halloween party with lots of fun, costumes and FOOD! We played games and everyone had a fun time. For our Thanksgiving party we did a pot luck and the clients were asked to bring their favorite dishes. Annette says “I think the staff had a better time with that than the clients!” Everyone sampled a number of different dishes and it was a great time. For Christmas the clients made cookie plates to take home for their families and they did a fantastic job decorating them. We also tried new cookie recipes. The clients worked hard practicing Christmas songs and then went caroling at the Care Center, we are always a big hit there! We are looking forward to 2017!!

Camping Fun!! We had a great time spending a few nights camping at Mirror Lake in the Uintah Mountains. We had to learn how to put up our tents and prepare our camp site. We learned to eat food cooked...or rather burnt...over an open fire. We enjoyed roasting hot dogs and eating s’mores and woof’ums for dessert.



We gathered fire wood and took walks along the many trails and even spent some time huddled together during a brief rain shower. Many stayed up late sitting around the campfire telling stories and laughing. Some of our friends that were unable to spend the night came up during the day for a visit. There has been talk about some of the other places we’d like to try camping at in the near future!



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Community Partner

LSR Thrift Store
Mon-Fri
10:00am-5:00pm
Sat
10:00am-2:00pm

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