

LINCOLN SELF RELIANCE REVIEW

July 2009

From the Director, Darrel Skinner

Considering all the bleak news being received around the state of Wyoming concerning funding cuts to waiver services for fiscal year 2009-2010, LSR received a small ray of sunshine during the month of June in the form of a grant award given by the **United Way of Southwest Wyoming**. LSR will be receiving approximately \$20,000 to \$24,000 over the next twelve months. LSR has been a United Way of Southwest Wyoming agency partner for the past three years. Grant funds are used to help cover transportation costs throughout the year for individuals served at LSR to access habilitation services, medical appointments, grocery shopping, recreational and leisure activities.

LSR staff and persons served will be also helping at an informational booth for United Way at the Oyster Ridge Festival in Kemmerer the end of July.

LSR would also like to remind everyone to stop by the LSR food booth at the Lincoln County Fair and enjoy a fresh scone or yummy Navajo Taco.

LSR greatly appreciates the persons served, parent/guardians, staff, and stakeholders for the success that LSR has been able to achieve. If you have any questions regarding services provided at LSR, please call 307-885-1577 ext. 12 or stop by the Administrative office in Afton.

Inside this issue:

Diamondville News	2
Special Olympics	2
Guiding Principles Article	3
Case Management	3
Residential/Vocational News	4
Afton CSI and Day Hab News	4
Company Information	5



Community Partner

Diamondville Program Manager, Susan Park

There are two things you can count on in this line of work: things change daily and it never slows down. Of course, when you start writing about what occurred you are sure you were much busier then the writing shows.

In April, we held the dance for the middle school kids. They enjoyed the evening. We only made \$90 but the PR is priceless. Dance-n-DJ from Evanston did the music again this year. He knows what the kids like.

I went online and received safety training from Goodwill Industries. They are providing free training for small, not for profit companies that are either seeking CARF accreditation or are CARF accredited.

Doctor Robinson came and gave the clients a presentation about how to care for their teeth. The clients enjoyed the presentation and learned a lot.

In May, the clients planned a going away party for Lee Morris

who moved back to Kentucky. They liked him as a DSP and liked having some male influence in the Day Hab.

The clients made Mother's Day cards and made presents to take home.

One of the clients has been doing a lot of research about the local history. He presented one history lesson this month with more to come. He also did a presentation about Flag Day.

We welcomed two new staff in May, Kitty Bartlett and Brenda Anklam. They are catching on fast and doing a good job.

The big highlight of June was going to Casper and receiving the \$21,212.54 from the Eagles organization. We received \$20,000 that night and 1,212.54 more a week later. We want to thank Lori Thornock, who was very instrumental in getting us this money, and Tommy Woolsey the president of the state Eagles organization. The money purchased a van for

LSR's Freedom Home.

We transitioned three clients to LSR Case Management.

Lori Thornock, our DVR specialist had a client who went to work for the Town of Diamondville. He has done such a good job, he was hired as soon as his job coaching was over. She has one other client ready to start.

We took our first trip to Evanston this summer. The clients always look forward to the trip mainly because they have purchases in mind.

We received our MANDT and Blood Borne Pathogens training this month. The new hires received CPR/First Aid.

We started our full summer swim schedule in June. We have some clients who do not swim in the winter, but take full advantage of swimming in the summer when the Wyoming weather is more accommodating.

Special Olympics

One of the highlights of the quarter was the Special Olympics. The clients did their qualifying in Afton on May 9th. Many medals were awarded that day.

Then it was on to Cheyenne and the statewide games. The competition was "fierce", but our athletes were up to the challenge.

This was a moving experience watching the athletes, no matter where they were from, being cheered on by the entire audience.



**Guiding Principles of Disability Rights
From the National Disability Rights Network**

1) Equality, Equity, Fairness

People with disabilities are full and equal citizens under the law. They are entitled to equal access to the opportunities afforded to all members of society. People with disabilities are entitled to be free from abuse, neglect, exploitation, and isolation, and to be treated with dignity and respect.

2) Meaningful Choice and Empowerment

People—regardless of type or level of disability or age—have the right to make choices with respect to daily routines and major life events

3) Supports and Participation

Services and supports are shaped by the unique needs and preferences of each individual, and assure opportunities for integration in all aspects of life. Services are age-appropriate and premised on the fact that people with disabilities continue to learn, grow and develop throughout their lives. For children, such growth is best accomplished within families, and for adults, in integrated communities rather than institutions.

4) Independence

Services are based on equal access, peer support, and self-

determination to be achieved through individual, professional and system advocacy. Services must maximize leadership, independence, productivity, and integration of individuals with disabilities.

5) Cultural Competency

People with disabilities shall be included in all activities undertaken. Boards and services should reflect the diverse, cultural, ethnic, racial, and disability diversity of their state.

Resource Generation

We will be leaders in public policy that has a positive impact on the lives of children and adults with disabilities and their families. We will work to enhance their resources to provide high-quality services to people with disabilities.

Diamondville Case Manager, Cindy Wardell

Enjoy today for tomorrow it will be winter again!

We have had a lot of changes this July for the ABI and Adult waivers. The plan of care format has changed a little and I love the new rights page; it is easier to read and understand.

DDD has come up with new medication assistance standards and providers will be required to attend a six hour training to assist participants with medications. The division has also put a place on the critical incident report so that medication errors can be tracked more easily by the state. The provider is required to report to the division only if it

is a medication error; all other incidents need to be reported to P&A, law enforcement, parent/guardian, and DFS along with the division's program integrity.

All case managers will be receiving an NPI number so they can be more easily identified. We have been busy transitioning individuals who have IHS to Supported Living or Personal Care, because both services cannot be on the same plan. Supported Living is a goal oriented service and can be done as a group or individual and is billed at a daily rate or in 15 minute units. Personal Care is more about assisting participants in daily

living skills and safety and has a cap of 7280 units per year. Day Habilitation can be billed as a day rate if participants are in attendance for four hours or more or it can be billed in 15 minute units.

As everyone knows the rates went down starting July 1st and the new plans will need to be written using the amount of units that have been used in the past year. Anyone with questions can contact the division or their case manager.

Residential Vocational Manger, Annette Eggleston

Things have just been moving along over the last few months. Everyone has been looking forward to summer, BBQ's, and good weather. We are starting to plan some fun activities for this summer.

In Kemmerer, they have already started going fishing (and catching a few) and are planning to go to Oyster Ridge and to the Lincoln County Fair. In our Kemmerer home we have been doing some remodeling of the home. We are excited to have new carpet and will have the last two bedrooms painted soon. This will give us two more openings in the home for resident's that might have a desire to live in a great setting.

Thayne Residents are planning a few fishing trips, they have been swimming and plan to do much more. They are planning to spend a lot of time at the fair helping out as we need them to. They hope to have time to go to Idaho Falls and do some shopping soon. Some of our residents are very excited about the remodeling going on in Thayne. We are adding two bedrooms downstairs on one side which will give us two more rooms to fill in Thayne.

Afton is doing great! Everyone has been busy. They have been enjoying the great walking weather and the opportunity to do some BBQing. A number of the

residents have been spending quite a bit of time with their families at family reunions and things so far this summer. We will be having one of our residents moving in the month of July which will give us an opening here in Afton.

Vocational

Things have been going pretty good in our Vocational Department. We have been working with a few new clients this last month or two. It is time to do the new time studies for the new minimum wage for individuals working here at LSR. We are trying to be sure that all persons served that want to work are working , or at least looking for work.

Day Hab Supervisor, Misty Wilkes

We have had such a fun filled winter, but we are sure looking forward to some nice spring weather.

Clients have enjoyed many fun lesson plans this last quarter. Some of these include a trip to Idaho Falls, soap carving, movies, flower pot pen holders, and a cup-cake walk. Some clients have reported that a dance put on by Rotary with the help of the Star Valley Honor Society

and a April Fools Day salad bar were some of their favorite activities this quarter.

Clients are still participating in art, client/staff meeting and a weekly social skills and nutrition class. On Fridays both Day Hab and CSI combine for a group activity. Jerrilynn Taylor has done an outstanding job in planning some really fun activities for the clients. Some of these activities have included a Mountain Man Day, where clients learned the history of the

mountain man. Jerri brought in skins and traps and numerous other mountain men items for a display. Clients have also had an opportunity to participate in "Cowboy Day" we had Lew Lamb as a special guest. Clients had a really fun time learning about cowboys and dressing up.

In May, clients started training for the Special Olympics. They went to the Annex three days a week to train and practice. They enjoyed the competition in Cheyenne.

Diamondville

P.O. Box 367
20 Adaville
Diamondville, WY 83116
Phone: 307-877-1321
Fax: 307-877-5774

Afton

P.O. Box 1449
1038 South Washington
Afton, WY 83110
Phone: 307-885-1577
Fax: 307-885-2577

www.lsrservices.org



MISSION STATEMENT

It is our mission to provide training and support to individuals with disabilities so they may achieve maximum potential for self reliance and active participation in the community.

Lincoln Self Reliance, Inc. is a private, not-for profit community based provider for individuals with disabilities. We provide Adult, Child, and Acquired Brain Injury Waiver services as well as Vocational Training

F
U
N
D

R
A
I
S
E
R
S
/
D
O
N
A
T
I
O
N

V
o
l
u
n
t
e
e
r

- Pizza Hut in Afton
- Eagles Aerie 2341 Donated \$21,212.54 to LSR.
- United Way grant money will be forth coming.
- Raffle/Yard sale in Kemmerer/ Diamondville on September 10th and 11th.
- Lincoln County Fair which provides an opportunity to volunteer and raise money
- Volunteer at United Way booth during Oyster Ridge Festival July 31st through August 2

Board Members

President	Margie Points
Vice President	Seth Jenkins
Secretary/Treasurer	Jill Larson
 Chad Jensen	
Monica Glynn	

Next Board Meeting
October 2009

Lincoln Self Reliance, Inc.
P.O. Box 1449
Afton, WY 83110

